



# 4 Her Promise

There are only so many hours in a day families have to balance their many growing and diverging interests, commitments, and responsibilities. That's why Girl Scouting today is more flexible than ever!

Troops rely on volunteer support to ensure Girl Scouts receive the best experience possible. Your troop leaders have committed to provide primary guidance and support for the troop, but all families are asked to help when they can... and so, we are asking for your promise to volunteer 4 hours per year – 4 HER!

In return, your Girl Scout will receive a 4Her patch they can proudly wear on their uniform. For every additional 4 hours you volunteer, your Girl Scout can add a "helping hand" patch to supplement their 4Her patch.

## What can a 4-hour promise really do?

- 4 Her Promise is an open door to participation for parents and family members.
- It can build a solid support base, and strengthen a girl's chances of longevity with the troop.
- You'll witness the positive effect your participation has on the troop and your daughter.
- Your troop can accomplish so much more, with just a little help.
- Communication between you and other troop families significantly increases.
- You build future volunteers as children witness parent volunteerism firsthand.

## Customize Your Role

*On the back of this flyer is a list of ways that you can support the troop this year. Please indicate how you plan to help, and return the bottom portion to your troop leader.*

# Yes! I can help!

Look at the list below and place a check mark in the boxes next to the things that you can do to help make this a great Girl Scout Leadership Experience for the troop! Keep it as a reminder of your commitment 4Her. Complete the bottom section and give that to your troop leader.

Yes, I can do this!	Positions	Quick Description
	Troop Treasurer*	<ul style="list-style-type: none"> <li>• Help with budgeting, collections, deposits, and payments.</li> <li>• Keeps accurate troop records and submits financial reports in a timely manner.</li> <li>• Signer on the troop checking account.</li> </ul>
	Troop Fall Product Manager*	<ul style="list-style-type: none"> <li>• Manage and coordinate troop participation in the Fall Product Program.</li> <li>• Attends service unit product program training.</li> <li>• Trains girls and parents/guardians at a troop meeting.</li> <li>• Confirms orders with parents/guardians and enters all data into Fall Product program database (M2).</li> </ul>
	Troop Cookie Program Manager*	<ul style="list-style-type: none"> <li>• Manage and coordinate troop participation in the Girl Scout Cookie Program.</li> <li>• Attends service unit cookie program training.</li> <li>• Trains girls and parents/guardians at a troop meeting.</li> <li>• Confirms orders with parents/guardians and enters all data into Cookie Program database (e-Budde).</li> </ul>
	Cookie Booth Chaperone*	<ul style="list-style-type: none"> <li>• Set up booth table and chaperone shifts of girls during direct sales.</li> <li>• Collect money from booth sale and return to troop leader or cookie manager.</li> </ul>
	Service Project Coordinator*	<ul style="list-style-type: none"> <li>• Helps troop leaders and girls plan and complete community service projects.</li> </ul>
	Outdoor Experience Coordinator*	<ul style="list-style-type: none"> <li>• Helps plan for camp outing(s) or other outdoor experiences with girl and adult input.</li> </ul>
	Driver*	<ul style="list-style-type: none"> <li>• Transport group of girls to field trip locations.</li> <li>• Must have valid driver's license and vehicle insurance.</li> </ul>
	Shopper*	<ul style="list-style-type: none"> <li>• Shop for troop supplies as needed, including badges.</li> </ul>
	Ceremony/Recognition Coordinator	<ul style="list-style-type: none"> <li>• Work with leaders to plan troop ceremonies, such as investiture at start of year, bridging at end of year, and awards at end and/or middle of year.</li> </ul>
	Game Expert*	<ul style="list-style-type: none"> <li>• Research and teach girls group games to play.</li> </ul>
	Song Expert*	<ul style="list-style-type: none"> <li>• Share your musical gift with girls by researching and teaching them Girl Scout songs or others appropriate for their troop activities.</li> </ul>
	Other*	Please list the talents and skills that you would be willing to share with the troop:

*Note: All adults who help the troop regularly, have regular contact with girls, transport girls, or handle troop funds must have a current Girl Scout membership and clear background check on file with GSSNE.*

## 4 Her Promise



Please complete this section and give it to your troop leader.

I promise to contribute to the success of our Girl Scout troop this year by volunteering at least 4 hours of my time.

Troop #: \_\_\_\_\_ Girl Scout's Name: \_\_\_\_\_

Adult's Name: \_\_\_\_\_ Email: \_\_\_\_\_

How I will help: \_\_\_\_\_

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