## Discover Girl Scouts 1: Juliette & Bracelets

**Set-up:** Have an area with floor space for girls to sit in a circle and play the games, and tables where adults can sit and the girls can make their bracelets. (Tables in a horseshoe work well)

### **Set-up Materials Needed:**

- Tablecloth
- Pens
- Crayons on the tables
- List of local troops
- Paper registration forms
- Scripts for volunteers

#### Optional:

- Sample Badge Books
- Grade signs for tables (K, 1st, etc.)

Time	Activity	Materials
10 Mins	Check-In and Arrival Activity As families enter, they check themselves in on the attendee list or fill out lead forms, then take informational flyers, a nametag, and an activity sheet and go to the table to complete them. Optional: Put grade, school, or level signs on the tables ahead of time and ask people to sit accordingly. This will help them (and you!) see the groups and get an idea of how to make potential troops. It will also aid the conversation about needing two volunteers to co-lead a new troop.	<ul> <li>Attendee List</li> <li>Lead Forms</li> <li>Informational Flyers</li> <li>Name Tags</li> <li>Activity Sheet of choice</li> </ul>
2 Mins	Welcome and Upfront Contract (INVITE GIRLS AND FAMILIES TO GATHER AND STAND IN A CIRCLE)  Welcome! My name is (NAME) and with the help of (NAMES OF HELPERS/TROOP#), we are going to have fun getting to know each other and learn about ALL the great things Girl Scouts do!	
	Tonight, we are going to run a mock Girl Scout meeting. We want everyone to see what running a Girl Scout meeting looks like. Our goal by the end of tonight is to get all the girls into troops. In some cases, we will already have troops with openings, and in others, we will have to make new troops. It all depends on the number of girls we have in each level, and what makes sense. We will talk more about how troops are formed and toward the end we will have time to answer any questions you have about our Girl Scout program and how our Girl Scout troops work. Does anyone have any questions before we begin?	
5 Mins	(INVITE GIRLS AND FAMILIES TO GATHER AND STAND IN A CIRCLE)  Opening: Girl Scout Sign and Promise  First, let's begin our meeting with the tradition of reciting the Girl Scout Promise. Raise your hand if you have ever made a promise. (WAIT FOR	
	HANDS) The Girl Scout Promise is the way Girl Scouts agree to act every day toward each other and the world! We hold up 3 fingers to represent the 3 parts of the promise. Can you try holding up your fingers and saying the promise with me?	
	(DEMONSTRATE THE GIRL SCOUT SIGN AND MAKE SURE EACH GIRL CAN DO IT BEFORE CONTINUING)	
	Great! Now, let's say it together! Our Girl Scout promise has the word "God" in it. As we say the Promise, you may substitute the word God to match your own spiritual beliefs. Is everyone holding up their Girl	

Scout Signs? (CHECK THAT THEY ARE) Great! Please repeat after me as I say each line of the Girl Scout Promise.

On my honor, I will try: (WAIT FOR GIRLS TO REPEAT) To serve God and my country, (WAIT FOR GIRLS TO REPEAT) To help people at all times, (WAIT FOR GIRLS TO REPEAT) And to live by the Girl Scout Law (WAIT FOR GIRLS TO REPEAT)

#### <u>Ice Breaker - Juliette Low Action Story</u> 8-10 Mins

(HAVE CAREGIVERS STAND NEXT TO OR BEHIND THEIR GIRLS)

To break the ice a little bit, we are all going to be silly together and play an Action Story Game to learn about a woman named Juliette Gordon Low and how she started Girl Scouts! I am going to read a story, and when I say certain words, each person will do an action.

(DIVIDE GIRLS AND CAREGIVERS INTO 6 GROUPS AND ASSIGN ONE OF THE FOLLOWING ACTIONS TO EACH GROUP)

Let's review the words and actions:

- **LITTLE GIRL** Cover your mouth and giggle.
- **JULIETTE GORDON LOW** Curtsy and say, "Be my friend!"
- **GEORGIA** Wave and say, "Hi, y'all!"
- **FUN** Wave your hands in the air and say. "Woohoo!"
- **HORSES** Stamp your foot and say, "Neighhhhhh!"
- **WORLD** Make a circle with your arms over your head, spin around, and say, "Wee!"

And when we hear the following words, we will ALL do these actions:

- **GIRL SCOUTS or SCOUTING** Smile and make the Girl Scout
- **DAISY** Touch the floor, jump up, and say "Amazing Daisy!"

Now I will read the story and we will all do our actions when we hear those words.

STORY: (READ SLOWLY AND ALLOW FOR EACH PART TO BE ACTED OUT

Once upon a time, there was a **LITTLE GIRL** named **JULIETTE GORDON LOW** who lived in Savannah, **GEORGIA**. When she was a baby, her uncle nicknamed her **DAISY**. That was his way of saying she was special! When **JULIETTE** was young, she wasn't dainty and delicate like most other **LITTLE GIRLS** during her time. She liked to have **FUN** adventures outside, like fishing and climbing trees. She loved all kinds of animals, and she loved to ride HORSES!

When JULIETTE LOW got older, she loved to travel around the **WORLD!** In 1912, she visited her friend, Lord Baden-Powell, in England and became interested in **SCOUTING**. He had started Boy Scouts, and she was fascinated by all the **FUN** they were having. She wanted **LITTLE GIRLS** to have **FUN**, too! So, **JULIETTE LOW** came home to **GEORGIA** with the ideas that Lord Baden-Powell gave her. She formed a troop of **GIRL SCOUTS** in Savannah, **GEORGIA**, who liked to ride **HORSES** and be together outside. She taught the girls to hike, camp, swim, help others, tie knots, survive in the wilderness, and even save

lives! Their first meeting was on March 12th, 1912, and this troop of eighteen **LITTLE GIRLS** was the first **GIRL SCOUT** troop in this part of the **WORLD**!

Her first troop was such a success that she dreamed of starting new troops everywhere! She knew that **GIRL SCOUTING** would bring girls together as friends and help them make the **WORLD** a better place!

So, aren't we glad that a **LITTLE GIRL** named **JULIETTE GORDON LOW**, from **GEORGIA**, who liked **HORSES**, came to start the wonderful **WORLD** of **GIRL SCOUTS**, so we can have **FUN** being **DAISIES?** 

## 10 Girl Scout Circle / Introductions Mins (HAVE CAREGIVERS TAKE THE.

(HAVE CAREGIVERS TAKE THEIR SEATS AT THE TABLES AND HAVE THE GIRLS SIT DOWN IN THE CIRCLE)

Welcome! Are you all excited to become Girl Scouts? You are going to have so much fun making friends, singing songs, playing games, having outdoor adventures, and making the world a better place!

This is our Girl Scout Circle. It is a special place where we come together to share thoughts and ideas and to make plans for our troop. In the Girl Scout Circle, everyone gets a chance to talk, and everyone listens to what the other girls have to say.

Before we go around the circle, are there any adults here who were Girl Scouts? What are some of your favorite things you remember as Girl Scouts?

(WAIT FOR ANSWERS AND RESPOND TO EACH ONE)

Great! Now, let's go around the circle and introduce ourselves and name one thing you want to do in Girl Scouts or that you love about Girl Scouts!

(GO AROUND THE CIRCLE - INCLUDE VOLUNTEERS TOO!)

### 10 Mins

#### **Friendship Bracelet Game**

Two things we love to do in Girl Scouts are to meet new friends and to make friendship bracelets! We are going to play a game that lets us do both!

Let's start by grabbing a cup of beads. It doesn't matter what color you grab, because we are all going to end up with all the colors!

(WAIT FOR THEM TO GRAB THEIR CUPS. IF THERE AREN'T ENOUGH GIRLS FOR ALL OF THE COLORS, MIX SOME OF THE COLORS IN THEIR CUPS.)

First, I want everyone to find a partner with a different color bead. Once you find your partner, I want you to tell your partner your name and something about yourself. You might tell her what grade you're in, what school you go to, the name of your pet, your favorite place to visit, your favorite food – anything that lets her know a little about you. Then let your partner do the same. If you are in a group of three, take turns so everyone gets a chance to introduce herself. Once you have all introduced yourselves, I want you to give your partner one of your beads and have them give you one of theirs. Try to

- Cups with 12 beads in them

   one cup for each girl, and only one color in each cup
   i.e.: one cup with 12 red beads, one cup with 12 blue beads, etc.)
- Yarn or string cut to bracelet length

remember what your partner is telling you about herself because I am going to ask you questions at the end! When you're done trading beads, find another partner you haven't met yet, and do the same! We are going to do this until we have all the colors in our cups!

(WAIT FOR THEM TO GET ALL THE COLORS)

Great! Now you all know a little bit more about each other! Let's sit in our Girl Scout Circle and share what we learned!

(GO AROUND THE CIRCLE TO EACH GIRL AND ASK THE OTHER GIRLS TO NAME ONE THING THEY LEARNED ABOUT HER)

Great job! That is a fun way to get to know our Girl Scout friends a little better. One of the best things about Girl Scouts is the friends you will make! Now you can grab a piece of string and go to the table to make your friendship bracelet!

(HAVE GIRLS JOIN THE ADULTS AT THE TABLES. WHILE GIRLS ARE MAKING BRACELETS, TALK TO THE ADULTS ABOUT TROOP PLACEMENT AND TROOPS THAT NEED TO FORM)

(WHEN THE GIRLS ARE DONE WITH THEIR BRACELETS, EXPLAIN THAT GIRL SCOUTS LEAVE PLACES BETTER THAN THEY FOUND THEM. HAVE ALL THE GIRLS CLEAN UP – COLLECTING THE CUPS, CRAYONS AND TRASH.)

## 10 <u>Daisy Says Game</u>

Mins

(CALL THE GIRLS INTO A GROUP, STANDING IN THE MIDDLE OF THE ROOM.)

Now we are going to play one last game called Daisy Says! Have any of you played Simon Says before? This game is just like that, but our caller is going to be "Daisy", and nobody gets out by making a mistake. Here is how we play:

- 1. First, we need a volunteer who wants to be our first Daisy. (WAIT FOR A VOLUNTEER TO COME FORWARD)
- 2. When she says, "Daisy says touch your toes," everyone touches their toes and stays there until Daisy's next command.
- 3. If Daisy says, "jump up and down three times," but does not say "Daisy says," you should not move. If you move, Daisy will say "Caught Ya!" but you will stay in the game.
- 4. We are going to give Daisy a few chances to catch you, and then we will switch Daisies.

(WHEN EVERYONE HAS HAD A TURN, OR YOU HAVE RUN OUT OF TIME, HAVE THEM ALL STAND IN A CIRCLE)

# 5 Closing Mins Now we

Now we are going to close our meeting with the Girl Scout Friendship Circle, which is our favorite way to end a Girl Scout meeting!

(INVITE ADULTS TO JOIN THE GIRLS IN THE CIRCLE.)

(THANK THE GIRLS AND FAMILIES FOR ATTENDING. TELL ADULTS THAT YOU WILL STAY FOR QUESTIONS AND HELP WITH ONLINE REGISTRATION (OR PAPER REGISTRATION FORMS) FOR THOSE WHO ARE READY TO JOIN.)

(CLOSE WITH GIRL SCOUT FRIENDSHIP CIRCLE)

(STAY FOR QUESTIONS AND TO ASSIST WITH REGISTRATION. BE SURE TO TALK TO ANYONE YOU ALREADY HAVE A TROOP PLACEMENT FOR.)	
Wrapping Up Leave the room better than you found it. Give the volunteers their community service forms (and goodies!).	<ul><li>Community Service Forms</li><li>Goodies for Volunteers</li></ul>



