

# Discover Girl Scouts 2: Camp & Nature

**Set-up:** Have an area with floor space for girls to sit in a circle and play Kim's Game and Butterfly Game, and tables where adults can sit and the girls can make their butterflies. (Tables in a horseshoe work well)

## Set-up Materials Needed:

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|-------------------------|----------------------------|--|
| • Tablecloth            | • List of local troops     | Optional:  |
| • Pens                  | • Paper registration forms | • Sample Badge Books                                 |
| • Crayons on the tables | • Scripts for volunteers   | • Grade signs for tables (K, 1 <sup>st</sup> , etc.) |

Time	Activity	Materials
<b>10 Mins</b>	<b><u>Check-In and Arrival Activity</u></b> As families enter, they check themselves in on the attendee list or fill out lead forms, then take informational flyers, a nametag, and an activity sheet and go to the table to complete them. Optional: Put grade, school, or level signs on the tables ahead of time and ask people to sit accordingly. This will help them (and you!) see the groups and get an idea of how to make potential troops. It will also aid the conversation about needing two volunteers to co-lead a new troop.	• Attendee List • Lead Forms • Informational Flyers • Name Tags • Camp Maze Activity Sheet
<b>2 Mins</b>	<b><u>Welcome and Upfront Contract</u></b> <i>(INVITE GIRLS AND FAMILIES TO GATHER AND STAND IN A CIRCLE)</i>  It's great to see you all again for our last session of Make New Friends! For those of you who are new, welcome! My name is <i>(NAME)</i> and with the help of <i>(NAMES OF HELPERS/TROOP#)</i> , we are going to learn about ALL the fun things Girl Scouts do outdoors! And toward the end, we will have time to answer any questions you have about our Girl Scout program and forming troops.  <i>(INVITE GIRLS AND FAMILIES TO GATHER AND STAND IN A CIRCLE)</i>	
<b>5 Mins</b>	<b><u>Opening: Girl Scout Sign and Promise</u></b> As always, let's begin our meeting with the tradition of reciting the Girl Scout Promise. For those of you who haven't been here before, the Girl Scout Promise is the way Girl Scouts agree to act every day toward each other and the world! We hold up 3 fingers to represent the 3 parts of the promise. Can you try holding up your fingers and saying the promise with me?  <i>(DEMONSTRATE THE GIRL SCOUT SIGN AND MAKE SURE EACH GIRL CAN DO IT BEFORE CONTINUING)</i>  Great! Now, let's say it together! Our Girl Scout promise has the word "God" in it. As we say the Promise, you may substitute the word God to match your own spiritual beliefs. Is everyone holding up their Girl Scout Signs? <i>(CHECK THAT THEY ARE)</i> Great! Please repeat after me as I say each line of the Girl Scout Promise.  <i>On my honor, I will try: (WAIT FOR GIRLS TO REPEAT)</i> <i>To serve God and my country, (WAIT FOR GIRLS TO REPEAT)</i> <i>To help people at all times, (WAIT FOR GIRLS TO REPEAT)</i>	

	<i>And to live by the Girl Scout Law (WAIT FOR GIRLS TO REPEAT)</i>	
<b>8-10 Mins</b>	<p><b><u>Ice Breaker – Friendship Web</u></b>  <i>(HAVE GIRLS AND CAREGIVERS STAND IN A CIRCLE. HOLD THE BALL OF YARN AND SAY...)</i></p> <p>We're going to make a Friendship Web! This web will show how we are all connected as Girl Scouts.</p> <p>We are going to start by holding the end of the yarn, saying our name, and sharing something we either loved or would like to do in Girl Scouts (<i>e.g., "I loved (or would like to) singing songs at camp!"</i>).</p> <p>Great! Now, gently toss the ball of yarn to someone else across the circle.</p> <p><i>(EACH PERSON HOLDS ON TO THE YARN, SAYS HER NAME, AND SHARES SOMETHING ABOUT HERSELF. CONTINUE TOSSING THE YARN UNTIL EVERYONE HAS HAD A TURN. THE YARN WILL CREATE A BIG, COLORFUL WEB ACROSS THE CIRCLE.)</i></p> <p>Look at our Friendship Web! Each of us is connected, just like in Girl Scouts. Even though we all like different things, we are all part of the same web of friends. Isn't that amazing?"</p> <p><b>Optional Variation:</b></p> <ul style="list-style-type: none"> <li>• Add fun prompts: "Name your favorite camp activity," "Tell one thing that makes you happy," or "Show us your favorite Girl Scout move!"</li> </ul>	<ul style="list-style-type: none"> <li>• Ball of Yarn or String</li> </ul>
<b>10 Mins</b>	<p><b><u>Camping Kim's Game</u></b>  <i>(INVITE THE ADULTS TO SIT AT THE TABLES (CONSIDER GROUPING THEM BY GRADE TO DISCUSS TROOP FORMATION). ASK THE GIRLS TO JOIN YOU BY SITTING IN A GIRL SCOUT CIRCLE ON THE FLOOR)</i></p> <p><i>(EXPLAIN WHY GIRL SCOUTS SIT IN CIRCLES: EVERYONE GETS A CHANCE TO SPEAK AND EVERYONE LISTENS TO EACH OTHER)</i></p> <p>Do you remember our Action Story from our last event, when we talked about Juliette Low, the person who started Girl Scouts? Well, Juliette Low was born at a time when girls were expected to act prim and proper. But as a girl, she loved playing outside, climbing trees, and exploring nature! That's why she was so excited to start Girl Scouts and introduce little girls to all the things she loved! She took her Girl Scouts on all kinds of adventures like hiking, fishing, horseback riding, and boating! She taught them about animals and nature, and most of all, she loved being with them at camp!</p> <p><i>(SHOW PICTURES OF JULIETTE LOW)</i></p> <p>Do you know that we have two Girl Scout camps right here in Rhode Island? Girl Scouts LOVE to visit our camps because there are so many fun things to do there!</p>	<ul style="list-style-type: none"> <li>• Tablecloth or blanket</li> <li>• Kim's Game items: <ul style="list-style-type: none"> <li>-flashlight</li> <li>-tent peg</li> <li>-pocketknife</li> <li>-matches</li> <li>-neckerchief</li> <li>-friendship bracelet</li> <li>-paracord</li> <li>- whistle</li> <li>-first aid kit</li> <li>-s'more SWAP</li> <li>-hair tie</li> </ul> </li> <li>Toy versions or pictures of: <ul style="list-style-type: none"> <li>-tent</li> <li>-campfire</li> <li>-animals (deer, frog)</li> </ul> </li> </ul>

	<p>In front of us, we have lots of things you would find at camp. We are going to play a memory game called Kim's Game. It is a game that is played at camp a lot because you can play it with just about anything.</p> <p>What I am going to do is let you look at these items for 30 more seconds. Then I am going to cover them up and we are going to see how many of these items we can remember! Are you ready?</p> <p><i>(TIME 30 SECONDS (ON PHONE OR COUNT OUT LOUD) AND THEN COVER THE ITEMS WITH A TABLECLOTH)</i></p> <p>OK, who can remember an item that you saw?</p> <p><i>(WITH EACH RESPONSE, MENTION WHAT IT HAS TO DO WITH CAMP. MAKE THIS INTERACTIVE, ASKING THE GIRLS WHY THEY THINK THE ITEMS WOULD BE AT CAMP)</i></p> <p><i>(REMOVE THE TABLECLOTH AND SEE HOW YOU DID)</i></p> <p>Did we forget anything?</p>	
<b>10 Mins</b>	<p><b><u>Butterfly Game</u></b></p> <p>Great job!! You are all very good at Kim's Game! Now I want you all to sit like this:</p> <p><i>(SIT ON THE FLOOR, ALMOST LIKE CRISS-CROSS APPLESAUCE, BUT WITH THE BOTTOMS OF YOUR FEET TOUCHING EACH OTHER IN FRONT OF YOU AND YOUR KNEES OUT TO THE SIDES)</i></p> <p>I want you to pretend you are butterflies! Can you flutter your wings like this?</p> <p><i>(MOVE YOUR KNEES UP AND DOWN MOVING YOUR LEGS LIKE BUTTERFLY WINGS)</i></p> <p>We are going to use our imaginations and flutter our way through Girl Scout camp! What kinds of things do you think we will get to see at camp?</p> <ul style="list-style-type: none"> <li>• Camp Sites/Tents – we have lots of campsites that girls can use during the day for fun activities, or to spend the night at camp! There are outdoor kitchens in each campsite where Girl Scouts learn how to cook their meals over a fire or on a camp stove.</li> <li>• Cabins – there are cabins for troops who like to spend the night at camp but aren't quite ready for sleeping in tents yet. There are kitchens and fireplaces in the cabins and lots of bunk beds!</li> <li>• Dining Hall – this is where all the girls at camp come together to eat their meals during summer camp. They lots of songs in the dining hall too!</li> <li>• Campfires – Girl Scouts like to sing and tell stories around campfires. We also LOVE to make S'mores!</li> <li>• Archery – we have bows and arrows and camp counselors who can teach us how to use them!</li> <li>• Hatchet Throwing – we have a new hatchet-throwing for the older girls!</li> <li>• Field – where we have flag ceremonies and play lots of team-building games.</li> <li>• Art Center – where girls can make all kinds of arts and crafts!</li> </ul>	

	<ul style="list-style-type: none"> <li>• Waterfront – where girls can go swimming or boating! We have kayaks and canoes that the girls can learn how to use.</li> <li>• Ropes Course – we have two low ropes courses for the younger girls to use, and we have a high ropes course for older girls that even includes a rock-climbing wall and a zipline!!</li> </ul>	
<b>10-15 Mins</b>	<p><b><u>Fluttering Butterfly Craft</u></b>  <i>(HAVE GIRLS JOIN ADULTS AT THE TABLE. HAND OUT SUPPLIES. WHILE GIRLS ARE MAKING BUTTERFLIES, TALK TO THE PARENTS ABOUT TROOP PLACEMENT AND TROOPS THAT NEED TO FORM)</i></p> <p>Okay, now we are going to make our Butterflies!</p> <ul style="list-style-type: none"> <li>• First, we are all going to color our butterflies however we want!</li> <li>• <i>IF NOT USING PRE-CUT BUTTERFLIES</i>: When you are done coloring your butterfly, cut it out. And please cut out the little rectangle on your butterfly sheet as well.</li> <li>• Next, lay your butterfly on the table, colored side up. Please fold where the wings meet the body on both sides, making sure to fold the wings up.</li> <li>• Turn your butterfly upside down on the table and use a glue stick to glue a clothespin to the body of your butterfly. Make sure your butterfly's head is at the front of the clothespin (not where you pinch).</li> <li>• Now find your rectangle and glue the center of it to the top of the clothespin toward the front. Push down for 20 seconds to dry.</li> <li>• While keeping the wings of your butterfly folded up, glue the sides of the rectangle to the underside of the wings. Hold for 30 seconds to dry.</li> <li>• Now we are ready to fly! Squeeze the clothespin to open and close it and make your butterfly fly!</li> </ul>	<ul style="list-style-type: none"> <li>• Pre-cut butterflies or Butterfly Template (printed on cardstock)</li> <li>• Butterfly Tabs on cardstock (if using pre-cut butterflies)</li> <li>• Clothespins</li> <li>• Glue Dots or Glue Sticks</li> <li>• Scissors</li> </ul>
<b>5 Mins</b>	<p><b><u>Closing</u></b>  <i>(INVITE ADULTS AND GIRLS TO STAND IN A CIRCLE)</i></p> <p>Thank the girls and families for attending. Tell adults that you will stay for questions and help with online registration (or paper registration forms) for those who are ready to join.</p> <p><i>(CLOSE WITH GIRL SCOUT FRIENDSHIP CIRCLE)</i></p> <p>Stay for questions. Assist with registration and/or collect paper forms. Be sure to talk to anyone you already have a troop placement for.</p>	
	<p><b><u>Wrapping Up</u></b>          Leave the room better than you found it.          Give the volunteers their community service forms (and goodies!).</p>	<ul style="list-style-type: none"> <li>• Community Service Forms</li> <li>• Goodies for Volunteers</li> </ul>







# WHERE ARE THEY GOING?





